

Janata Shikshan Sanstha's

Kisan Veer Mahavidyalaya, Wai.

Department of Psychology

2022-23

Certificate Course in Emotion Management

Report

Certificate course in Emotion Management promoting the philosophy of learning the emotion management skills for B.A. part 3 Psychology students. The course was conducted during 17 April 2023 to 25 May 2023. The objective of course was to make students to learn about emotion management skills.

The course started with basic learning of the psychological development process of emotions and difference between various emotions. Then the other important factors like types of emotion, theories and application of emotion management.

This certificate course is designed to create awareness among students regarding emotion management and self-control. Also this skill may take time and effort to develop, but they can help students become an effective professional and supportive teammate.

After the successfully completed this course student control the emotion efficiently in the class room.



[Signature]
Head
Head of Psychology
Kisan Veer Mahavidyalaya
Wai



[Signature]
17-6-2023
PRINCIPAL
KISAN VEER MAHAVIDYALAYA
Wai, Dist. Satara


Certificate Course in Emotion Management
Learners Outcomes

By the end of the program, the learners will be able to

1. Skills to control the emotion and handle the situation in right manner.
2. Resolving Conflict with colleagues or clients.
3. Also to understand life skills for self-development.
4. Completing tasks within time.
5. As they can control the emotion efficiently, they can be satisfied in their life.

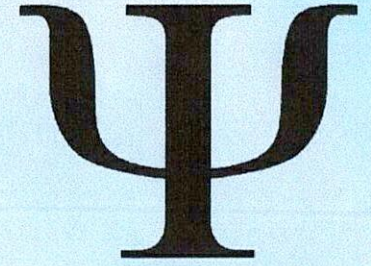
At the end of successful completion of certificate course, there shall be written examination, the result shows a success of students to achievement of knowledge.




Head
Head of Psychology
Kisan Veer Mahavidyalaya
Wai



Janata Shikshan Sanstha's
Kisan Veer Mahavidyalaya , Wai
Department of Psychology



Certificate Course in Emotion Management

Duration - 1 Month

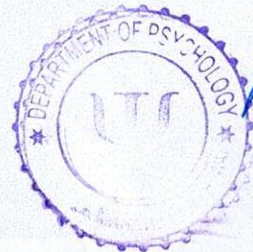
Time - 12.00 TO 1.00

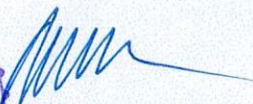
Venue - K.V.M.Wai.

Date - 17 /4/ 2023 To 25/5/2023

Coordinator - Asst.Prof Shalaka Gujar

Dr. Anand Ghorpade
H.O.D. psychology




Head
Head of Psychology
Kisan Veer Mahavidyalaya
Wai



Dr. Gurunath Fagare
Principal, k.V.M.Wai .

अशीच एक भावना
माझिया मनात मावेना,
पण तुझ्यापर्यंत आणण्यासाठी
शब्दातही घावेना.



‘भाव’ नसलेल्या
भावनांना
जेव्हा करतो मी सलाम
‘जीव’ नसलेल्या जीवनाचा
तेव्हा होतो मी गुलाम

जनता शिक्षण संस्थेचे
किसन वीर महाविद्यालय, वाई .
मानसशास्त्र विभाग आयोजित

Certificate Course in Emotion Management

कालावधी - १ महिना
वेळ - १२ ते १.००

स्थळ - किसन वीर महाविद्यालय, वाई .
दिनांक - १७/४/२०२३ ते २५/५/२०२३

समन्वयक - सहा.प्रा.शलाका गुजर

विभाग प्रमुख
डॉ. आनंद घोरपडे



प्राचार्य, किसन वीर महाविद्यालय, वाई .
डॉ. गुरुनाथ फगरे

Head
Head of Psychology
Kisan Veer Mahavidyalaya



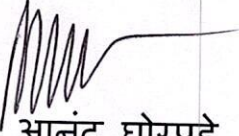
कार्यालय

किसन वीर महाविद्यालय ,वाई

दिनांक -१३/०४/२०२३

नोटीस

महाविद्यालयातील मानसशास्त्र विषयाच्या बी ए भाग ३ च्या विद्यार्थ्यांना कळविण्यात येते की विभागाच्या वतीने ' **certificate course in Emotion Management** ' हा कोर्स दिनांक १७ /०४ /२०२३ पासून मानसशास्त्र विभागात घेण्यात येत आहे त्याचे वेळापत्रक सोबत जोडले आहे. तरी सर्वांनी वेळेत उपस्थित राहावे.


डॉ. आनंद घोरपडे
विभाग प्रमुख मानसशास्त्र




प्राचार्य



Janata Shikshan Sanstha's
Kisan Veer Mahavidyalaya , Wai.
Department of Psychology
2022-23

Certificate Course in Emotion Management

COURSE DESCRIPTION

The department of under graduate studies in Psychology offers one month part time certificate course in Emotion Management .

MISSION

The Department of U. G. studies in Psychology at Kisan Veer Mahavidyalaya , Wai is committed to the primary training and development of competent under graduate students .

PHILOSOPHY OF TRAINING

The program in Emotion Management Psychology provides primary training to those who wish to promote mental health in individuals, families , organizations and communities through careers in direct service , leadership , research and education .

OBJECTIVES

The fundamental objective of the department is help the students to enhance awareness , knowledge and skills in the discipline of Emotion Management.

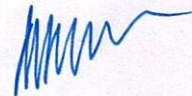
ADMISSION CRITERIA AND ELIGIBILITY

- 1 . Duration : One month .
- 2 . Eligibility : Under graduate students of College .

Syllabus Formation Committee

- 1 . Dr. Animish Chavan . (M.D.Psychiatry, Satara .)
- 2 . Dr. Anand Ghorpade. (Head , Dept. of Psychology, K.V.M. Wai)
- 3 . Asst. Prof. Shalaka Gujar. (Faculty , Dept. of Psychology, K.V.M. Wai.




Head
of Psychology
Kisan Veer Mahavidyalaya
Wai

Janata Shikshan Sanstha's
Kisan Veer Mahavidyalaya , Wai.
Department of Psychology
2022-23

Certificate Course in Emotion Management

Syllabus

Paper – 1 Introduction to Emotion .

MODULE – 1

1.Introduction to Emotion : Definition, Nature And Importance

MODULE – 2

Fundamental Emotion

Paper – 2 Emotion Theories and Application.

MODULE – 1

Theories of Emotion.


MODULE – 2

Emotion Intelligence.

MODULE – 3

Application




Head
Head of Psychology
Kisan Veer Mahavidyalaya
Wai

FEE STRUCTURE

1 . As mentioned in the college prospects.

Medium of Instructions

Medium of instruction shall be Marathi.

Examination

Objective type.

Paper Titles

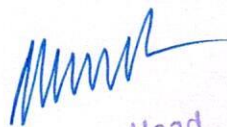
Paper-1 . Introduction to Emotion .

Paper-2 . Emotion Theories and Application.

Each paper have objective type question paper having 25 questions of 2 marks at the end of syllabus.



P. S. P. PAL
KISAN VEER MAHAVIDYALAYA
Wai, Dist. Satara



Head
Head of Psychology
Kisan Veer Mahavidyalaya
Wai

Janata Shikshan Sanstha's
Kisan Veer Mahavidyalaya , Wai.

Department of Psychology

2022-23

Certificate Course in Emotion Management

Name of Faculty


Asst. Prof. Shalaka Gujar.

Time -Table

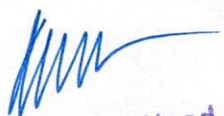
17/04/2023 To 25/05/2023

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12.00 To 01.00	Paper No 01	Paper No 01	Paper No 01	Paper No 02	Paper No 02	Paper No 02




PRINCIPAL
KISAN VEER MAHAVIDYALAYA
Wai, Dist. Satara



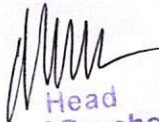

Head
Head of Psychology
Kisan Veer Mahavidyalaya
Wai

Janata Shikshan Sanstha's
Kisan Veer Mahavidyalaya, Wai
Department of Psychology


certificate course in Emotion Management

Time Table-2022-23

Time	Mon	Tues	Wed	Thurs.	Fri	Sat
12.00 To 01.00	Paper No 01 Miss.S.H. Gujar	Paper No 01 Miss.S.H. Gujar	Paper No 01 Miss.S.H. Gujar	Paper No 02 Miss.S.H. Gujar	Paper No 02 Miss.S.H. Gujar	Paper No 02 Miss.S.H. Gujar


Head
Head of Psychology
Kisan Veer Mahavidyalaya
Wai




PRINCIPAL
KISAN VEER MAHAVIDYALAYA
Wai, Dist. Satara



**Janata Shikshan Sanstha's
Kisan Veer Mahavidyalaya , Wai.
Department of Psychology
2022-23**

Certificate Course in Emotion Management

Course Objectives

This course will teach you important skills and concepts related to emotional intelligence. You'll gain an understanding of the key concepts and principles of Being more Self-Aware and better at Self-Management. You'll learn how to create Emotional Intelligence and personal insights to manage self and others. You'll also learn how to manage stress and negative emotions. By the end of this course, you'll Become more empathetic, accepting, and a better listener, hence a better leader and you'll be able to realize the importance of being Emotionally Intelligent and enable personal change to self-regulate and have better relationships.

Course Outcomes

By the end of the program, the learners will be able to

1. Skills to control the emotion and handle the situation in right manner.
2. As they can control the emotion efficiently, they can be satisfied in their life.
3. Also to understand life skills for self-development.

The course emphasizes and experimental style of learning.

At the end of successful completion of certificate course, written examination, the result shows a success of students to achievement of knowledge.



Handwritten signature in blue ink.
Kisan Veer Mahavidyalaya
Wai



Janata Shikshan Sanstha's
Kisan Veer Mahavidyalaya , Wai.

Department of Psychology


2022-23

Certificate Course in Emotion Management

List of enrolled students

Sr.No	Name of Students
1.	Jangam Shraddha Sachin
2.	Sapkal Namrata Vishnu
3.	Badekar Shreya Shatrughna
4.	Sapkal Akanksha Anil
5.	Suryawanshi Aditi Dhiresk
6.	Kamble Akash Mukund
7.	Bhise Ajay Dipak
8.	Gaikwad Gauri Arjun
9.	Kuchekar Rohini Vijay
10.	Bhingare Ketaki Ashok




Head
Head of Psychology
Kisan Veer Mahavidyalaya
Wai

Janata Shikshan Sanstha's
Kisan Veer Mahavidyalaya, Wai.
Department of Psychology

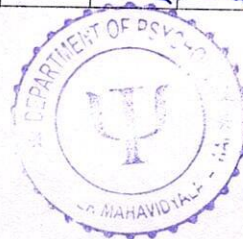
2022-23


Certificate Course in Emotion Management

Date- 17/4/2023 to 25/5/2023

April -2023

Sr.No	Name of Students	17	18	19	20	21	24	25	26	27	28	29
1.	Jangam Shraddha Sachin	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam
2.	Sapkal Namrata Vishnu	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal
3.	Badekar Shreya Shatrughna	Badekar	Badekar	Badekar	AB	Badekar	Badekar	AB	Badekar	Badekar	Badekar	Badekar
4.	Sapkal Akanksha Anil	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal
5.	Suryawanshi Aditi Dhiresh	Aditi	Aditi	AB	Aditi	Aditi	Aditi	Aditi	Aditi	Aditi	AB	Aditi
6.	Kamble Akash Mukund	Akash	AB	Akash	Akash	Akash	Akash	Akash	Akash	Akash	Akash	Akash
7.	Bhise Ajay Dipak	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise
8.	Gaikwad Gauri Arjun	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	AB	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad
9.	Kuchekar Rohini Vijay	Kuchekar	Kuchekar	Kuchekar	Kuchekar	Kuchekar	AB	Kuchekar	Kuchekar	Kuchekar	Kuchekar	Kuchekar
10.	Bhingare Ketaki Ashok	Bhingare	Bhingare	Bhingare	AB	Bhingare	Bhingare	Bhingare	Bhingare	Bhingare	Bhingare	Bhingare




 Head
 Head of Psychology
 Kisan Veer Mahavidyalaya

May 2023

Sr.no	Name of Students	2	3	4	6	8	9	10	11	12	13	15
1.	Jangam Shraddha Sachin	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam
2.	Sapkal Namrata Vishnu	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal
3.	Badekar Shreya Shatrughna	Badekar	AB	Badekar	Badekar	Badekar	Badekar	Badekar	AB	Badekar	Badekar	Badekar
4.	Sapkal Akanksha Anil	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal
5.	Suryawanshi Aditi Dhires	delity	delity	delity	AB	delity	delity	AB	delity	delity	delity	delity
6.	Kamble Akash Mukund	ankal	ankal	ankal	AB	ankal	ankal	AB	ankal	ankal	ankal	ankal
7.	Bhise Ajay Dipak	Ajay Bhise	Ajay Bhise	Ajay Bhise	Ajay Bhise	Ajay Bhise	Ajay Bhise	Ajay Bhise	Ajay Bhise	Ajay Bhise	Ajay Bhise	Ajay Bhise
8.	Gaikwad Gauri Arjun	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	AB
9.	Kuchekar Rohini Vijay	R.Kuchekar	R.Kuchekar	AB	R.Kuchekar	R.Kuchekar	R.Kuchekar	R.Kuchekar	R.Kuchekar	R.Kuchekar	R.Kuchekar	R.Kuchekar
10.	Bhingare Ketaki Ashok	Bhingare	Bhingare	Bhingare	AB	Bhingare	Bhingare	Bhingare	Bhingare	Bhingare	Bhingare	Bhingare



Head
Head of Psychology
Kisan Veer Mahavidyalaya
Wai

May 2023

Sr.No	Name of Students	16	17	18	19	20	22	23	24	25	26	27
1.	Jangam Shraddha Sachin	Jangam	AB	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam
2.	Sapkal Namrata Vishnu	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal
3.	Badekar Shreya Shatrughna	Badekar	Badekar	Badekar	Badekar	Badekar	Badekar	AB	Badekar	Badekar	Badekar	Badekar
4.	Sapkal Akanksha Anil	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal
5.	Suryawanshi Aditi Dhires	Aditi	AB	Aditi	Aditi	Aditi	Aditi	Aditi	Aditi	Aditi	Aditi	Aditi
6.	Kamble Akash Mukund	Akash	Akash	Akash	AB	AB	Akash	Akash	Akash	Akash	Akash	Akash
	Bhise Ajay Dipak	Ajay Bhise	Ajay Bhise	Ajay Bhise	Ajay Bhise	Ajay Bhise	Ajay Bhise	Ajay Bhise	Ajay Bhise	Ajay Bhise	Ajay Bhise	Ajay Bhise
8.	Gaikwad Gauri Arjun	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad
9.	Kuchekar Rohini Vijay	Kuchekar	Kuchekar	Kuchekar	AB	Kuchekar	Kuchekar	Kuchekar	Kuchekar	Kuchekar	Kuchekar	Kuchekar
10.	Bhingare Ketaki Ashok	Bhingare	Bhingare	Bhingare	Bhingare	Bhingare	Bhingare	AB	Bhingare	Bhingare	Bhingare	Bhingare



PRINCIPAL
KISAN VEER MAHAVIDYALAYA
Wai, Dist. Satara



Head
Head of Psychology
Kisan Veer Mahavidyalaya
Wai

कार्यालय

किसन वीर महाविद्यालय, वाई .

दिनांक - 23 / 05 / 23

नोटीस

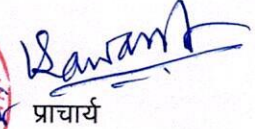
महाविद्यालयातील मानसशास्त्र विषयाच्या बी. ए. भाग 3 च्या विद्यार्थ्यांना कळविण्यात येते की 'Certificate Course in Emotion Management' ह्या कोर्सची परीक्षा online पद्धतीने दि. 25/05/2023 ते 27/05/2023 या कालावधीत घेण्यात येत आहे .त्याचे वेळापत्रक सोबत जोडले आहे.

Sr.No	Paper No.	Date	Time
1.	Paper-1 . Introduction to Emotion.	25/5/2023	8.00 am To 9.00am
2.	Paper-2 . Emotion Theories and Application.	26/5/2023	8.00 am To 9.00am
3.	Viva Voce	27/5/2023	8.00 am To 9.00 am



डॉ.आनंद घोरपडे

विभाग प्रमुख मानसशास्त्र



प्राचार्य

Janata Shikshan Sanstha's
Kisan Veer Mahavidyalaya, Wai.
Department of Psychology
2022-23

Certificate Course in Emotion Management


Examinations Time Table

Instruction-

1. The Examination is objective Type.
2. All Questions Are Compulsory.
3. All Modules of Course include in two papers
4. The result of Course is Depend Up on The Attendance of Workshop enrolment in the workshop.
5. The gradation given by trainer depend upon skill adopted by students

Sr. No	Paper No.	Date	Time
1.	Paper-1 . Introduction to Emotion.	25/5/2023	12.00 To 1.00
2.	Paper-2 . Emotion Theories and Application.	26/5/2023	12.00 To 1.00
3.	Viva Voce	27/5/2023	12.00 To 1.00




Head
Head of Psychology
Kisan Veer Mahavidyalaya
Wai

Kisan Veer Mahavidyalaya , Wai.

Department of Psychology


2022-23

Certificate Course in Emotion Management


Result

Sr.no	Name of Students	Paper No 1	Paper No 2	Grade
1.	Jangam Shraddha Sachin	34	28	A
2.	Sapkal Namrata Vishnu	32	24	A
3.	Badekar Shreya Shatrughna	12	30	B
4.	Sapkal Akanksha Anil	38	32	B
5.	Suryawanshi Aditi Dhiresk	08	14	B
6.	Kamble Akash Mukund	32	30	B
7.	Bhise Ajay Dipak	32	30	A
8.	Gaikwad Gauri Arjun	38	36	A
9.	Kuchekar Rohini Vijay	38	36	A
10.	Bhingare Ketaki Ashok	38	36	A




Head
Head of Psychology
Kisan Veer Mahavidyalaya
Wai




PRINCIPAL
KISAN VEER MAHAVIDYALAYA
Wai, Dist. Satara

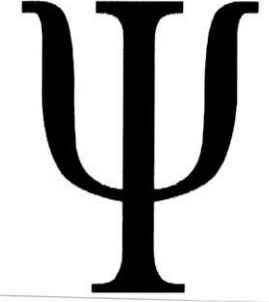
JANATA SHIKSHAN SANSTHA'S
KISAN VEER MAHAVIDYALAYA, WAI

Academic Year 2022-23

Certificate Course in Emotion Management




CERTIFICATE



This is to certify that Mr./MissClass.....
has successfully completed '**Certificate Course in Emotion Management**'
conducted by the Department of Psychology from 17 April 2023 to 25 May 2023.
He/She has acquired grade.

Date - 29 May 2023


Dr. A. G. Ghorpade
H. O. D. Psychology



Dr. Gurunath Fagare
Principal

Janata Shikshan Sanstha's

Kisan Veer Mahavidyalaya, Wai

Department of Psychology

2022-23

Certificate Course in Emotion Management
Feedback Form



Sr.No.	Question's	Responses
1	How well did you achieve the learning goals of this course?	50%----60%----More Than <u>80%</u>
2	About what percent of the class meetings did you attend ?	50%----60%----More Than <u>80%</u>
3	Overall, how would you describe the quality of the instruction in this course?	Good/ <u>Very Good</u> /Bad
4	How organized was this course?	Good/ <u>Very Good</u> /Bad
5	Give Your Rating for this course	-1--2--3-- <u>4</u> --5-

Kisan Veer Mahavidyalaya, Wai

Department of Psychology

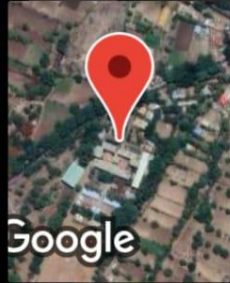
2022-23

Certificate Course in Emotion Management
Feedback Form

Sr.No.	Question's	Responses
1	How well did you achieve the learning goals of this course?	50%---60%---More Than 80%
2	About what percent of the class meetings did you attend ?	50%---60%---More Than 80%
3	Overall, how would you describe the quality of the instruction in this course?	Good/ Very Good/Bad
4	How organized was this course?	Good/ Very Good/Bad
5	Give Your Rating for this course	-1--2--3--4--5-



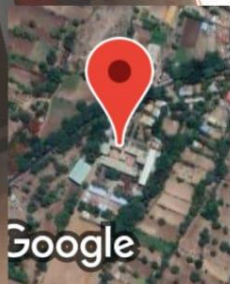
GPS Map Camera



Sidhanathwadi Rural, Maharashtra, India
WVWG+5C5, Sidhanathwadi Rural, Maharashtra 412803, India
Lat 17.945386°
Long 73.876383°
09/05/23 11:50 AM GMT +05:30



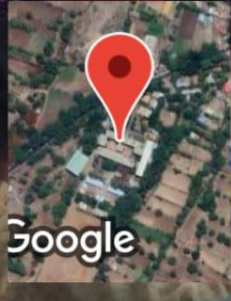
GPS Map Camera



Sidhanathwadi Rural, Maharashtra, India
WVWG+5C5, Sidhanathwadi Rural, Maharashtra 412803, India
Lat 17.945261°
Long 73.876269°
09/05/23 11:56 AM GMT +05:30

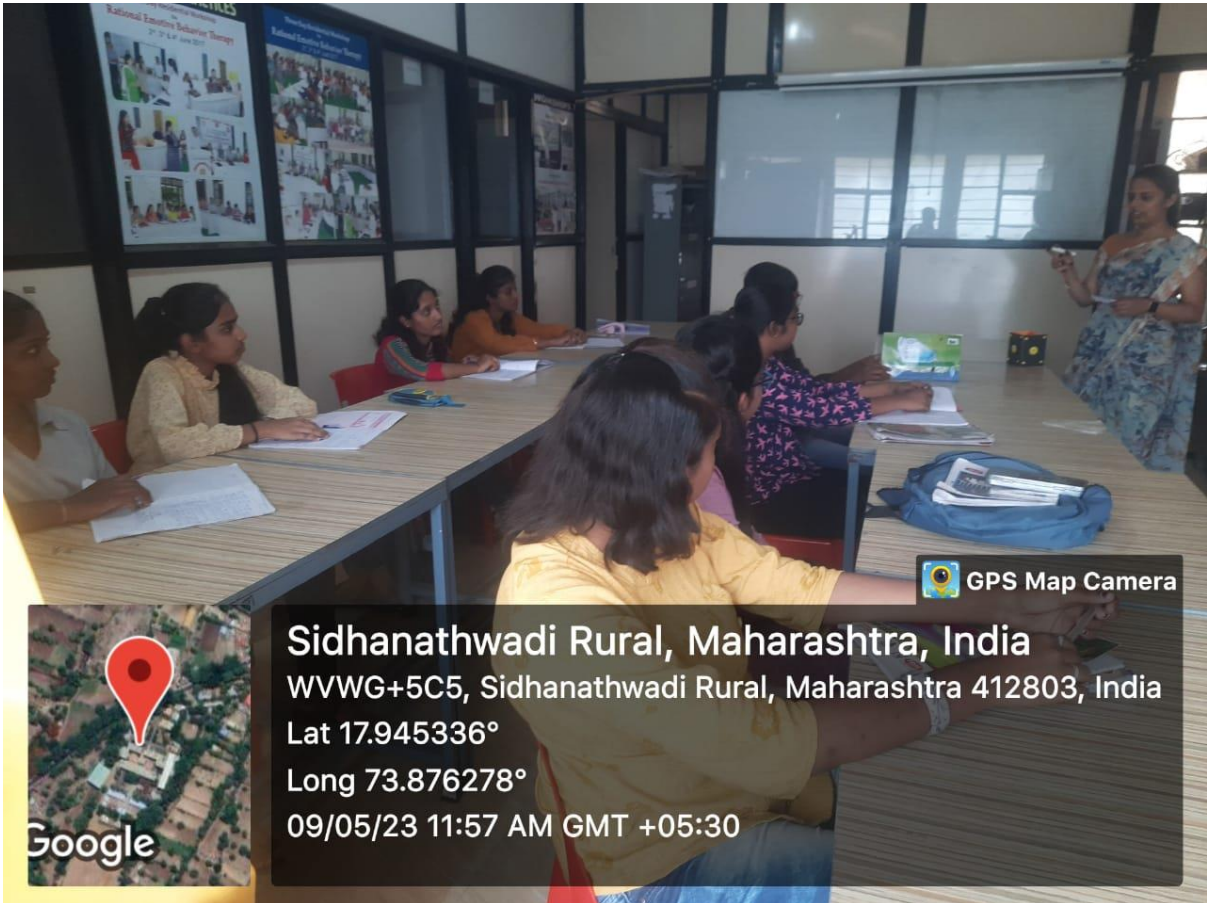


GPS Map Camera

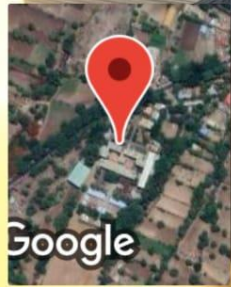


Google

Sidhanathwadi Rural, Maharashtra, India
WVWG+5C5, Sidhanathwadi Rural, Maharashtra 412803, India
Lat 17.945198°
Long 73.876317°
09/05/23 11:48 AM GMT +05:30



GPS Map Camera



Google

Sidhanathwadi Rural, Maharashtra, India
WVWG+5C5, Sidhanathwadi Rural, Maharashtra 412803, India
Lat 17.945336°
Long 73.876278°
09/05/23 11:57 AM GMT +05:30

